

## Alkylating agents

*Mechanism of action:* DNA cross-linking (intra- & inter-strand)→inhibition of DNA synthesis→apoptosis.

All are cell-cycle non-specific.

*Pharmacokinetics:* Widely distributed. Metabolised in the liver to active metabolites. Excreted through urine.

*Members:*

- Classical→ Nitrogen mustard, Cyclophosphamide, Ifosfamide, Chromabucil, Busulfan, Melphalan, Thiotepa
- Non-classic→ Dacarbazine, Temozolamide
- Nitrosoureas→ BCNU (Carmustine), CCNU (Lomustine), Streptozocin
- Anti-tumor antibiotics→ Anthracyclines eg Doxorubicin, Daunorubicin, Idarubicin, Epirubicin
  - Actinomycin-D
  - Bleomycin
  - Mitomycin-C
  - Mitoxantrone
- Platinums→ Cisplatin, Carboplatin, Oxaliplatin
- Others→ Procarbazine,

### Anthracyclines

Doxorubicin

Epirubicin

Daunorubicin

Idarubicin

*Chemical Nature* Anti-tumor antibiotics, Alkylating Agents,

*Specificity* Cell-cycle non-specific.

*Mechanism of action:*

- (1) Generation of free-radicals→DNA strand-breaks
- (2) Intercalate within DNA→ inhibition of DNA synthesis & function
- (3) Inhibit Topoisomerase II enzyme→ DNA breaks
- (4) Inhibit DNA-dependant RNA polymerase→ inhibits transcription

*Pharmacokinetics:* All are poorly absorbed orally but well absorbed after IV administration. Widely distributed. Metabolised in liver to active metabolites (eg doxorubicinol). Excreted through feces.

*Toxicities:*

- (1) Bone marrow suppression (dose-limiting)
- (2) Nausea & vomiting (severe)
- (3) Diarrhoea
- (4) Alopecia
- (5) Cardiotoxicity (acute=myopericarditis & conduction abnormalities, chronic=dilated cardiomyopathy)
- (6) Reddish discolouration of urine

- (7) Discolouration of nail, hyperpigmentation of skin
- (8) Radiation-recall dermatitis
- (9) Strong vesicant

*Indications:*

Doxorubicin → Ca Breast, ALL, NHL, HD, Soft Tissue & Bone Sarcomas, HCC, Ca Stomach, SCLC,  
Idarubicin → AML, ALL  
Daunorubicin → AML, ALL  
Epirubicin → Ca Breast, Ca Stomach

*Doses:*

Doxorubicin = 40-60 mg/m<sup>2</sup> IV every 3 weeks  
Daunorubicin = 45 mg/m<sup>2</sup>/day IV D1-D3  
Idarubicin = 12 mg/m<sup>2</sup>/day IV D1-D3  
Epirubicin = 100-120 mg/m<sup>2</sup> IV every 3-weeks

*Life time doses:*

Doxorubicin = 450 mg/m<sup>2</sup>  
Idarubicin = 150 mg/m<sup>2</sup>  
Daunorubicin = 550 mg/m<sup>2</sup>  
Epirubicin = 900 mg/m<sup>2</sup>

### **Topoisomerase I inhibitors/Camptothecins**

Irinotecan  
Topotecan

*Specificity:* Cell-cycle non-specific

*Mechanism of action:* Inhibit the enzyme Topoisomerase I → DNA double-strand breaks → apoptosis.

*Pharmacokinetics:* Well-absorbed after parenteral administration. Widely distributed. Metabolised in the liver. Excreted through feces (irinotecan), urine (topotecan).

*Indications:*

Irinotecan → Metastatic CRC 1<sup>st</sup> & 2<sup>nd</sup> line  
Topotecan → Ca ovary (2<sup>nd</sup> line)  
                  SCLC (2<sup>nd</sup> line)

*Dose:*

Irinotecan = 125 mg/m<sup>2</sup> IV weekly  
Topotecan = 1/5 mg/m<sup>2</sup>/day IV D1-D5 every 3-weeks

*Toxicities:*

- (1) Bone marrow depression (dose-limiting)
- (2) Diarrhoea-early (cholinergic) & late (due to GI irritation)-only with Irinotecan
- (3) Asthenia & fever
- (4) Alopecia
- (5) Hematuria (microscopic)-only with Topotecan

### **Topoisomerase II inhibitors/Epipodophyllotoxins**

Etoposide

Teniposide

*Specificity:* Cell cycle specific (S-G2 phase)

*Mechanism of action:* Inhibit the Topoisomerase II enzyme, leading to prevention of DNA unwinding → ultimately to inhibition of DNA synthesis.

*Pharmacokinetics:*

Oral absorption of Etoposide is good but unpredictable at higher doses, oral dose is double the dose given IV.

Teniposide is only administered via IV route.

Widely distributed.

Metabolised in the liver. Excreted via the kidney.

*Indications:*

Etoposide → SCLC, NSCLC, Germ Cell Tumors,

Teniposide → ALL

*Doses:*

Etoposide = 100-120 mg/m<sup>2</sup>/ day IV D1-D3 every 3 weeks (EP-SCLC/NSCLC)

100 mg/m<sup>2</sup>/ day IV D1-D5 every 3 weeks (BEP-GCT)

Teniposide = 165 mg/m<sup>2</sup> IV twice weekly every 4 weeks

*Toxicities:*

- (1) Bone marrow depression (dose-limiting)
- (2) Hypersensitivity
- (3) Nausea & vomiting
- (4) Alopecia
- (5) Diarrhoea
- (6) Thrombophlebitis
- (7) Radiation-recall dermatitis (Etoposide)
- (8) Second malignancies (AML)

### **Lipodox**

*Special points:*

- (1) Liposomal encapsulated form of Doxorubicin. It is protected from enzymatic digestion. Decreased plasma protein binding. Decreased uptake in normal tissues. Preferentially taken up by tumor tissues where Doxorubicin is released.

- (2) Dose=50 mg/m<sup>2</sup> IV every 4 weeks
- (3) Indications=Ca ovary (2<sup>nd</sup> line) & AIDS-related KS (refractory)
- (4) Administration=as an IV infusion over 30 minutes diluted in 250 ml 5%D

### **Dexrazoxane**

It is a chemoprotective drug. It is hydrolysed in vivo to an EDTA-analog, which chelates iron away from Doxorubicin-iron complexes → prevent free radical generation → reduces cell damage.

Given IV 30 minutes before Doxorubicin. Dose= 10-times the dose of Doxorubicin. Indicated for prevention of anthracycline-mediated cardiotoxicity in patients of MBC who have already received at least 300 mg/m<sup>2</sup> of Doxorubicin.